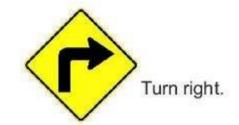
B Giving directions

We use imperatives to give directions.







4 Look at the picture. What places do you see?

Petrol station		Н	Super	market	Cinema	T		
101		n	\$00 \$00	Taw Win Street			h Library	
Car park	Hotel	i n	Post office	Sandwich shop	Toy shop	a p		
		k Hotel z		Restaurant	Fruit shop	Internet café	y a y	Museum
99		d ii		Thazin Street	<i>b.</i>	, , _		
Park		R	Bank	Coach station	Shoe shop	R	School	
		a		Clothes shop	a d	Playground		
		100	F	Padauk Street		ń		
Hospital		Flower shop	Railway station					

5 Give directions using the words in the box. The first one is done for you as an example.

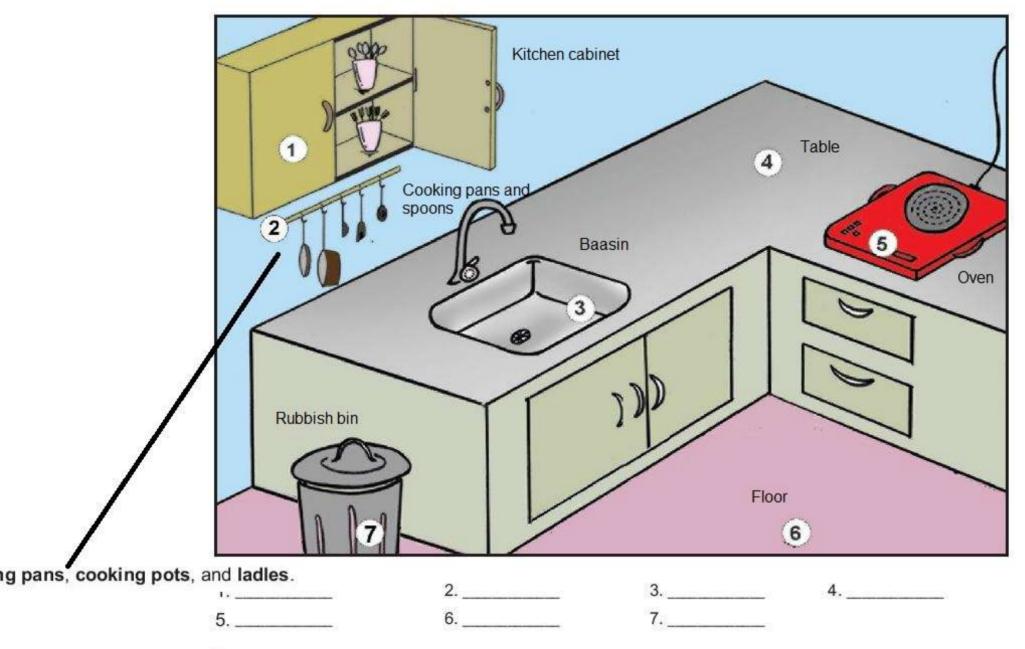
go along (2)	turn left (2)	turn right
1. A: Where is the school?		g Thapyay Road. The school e playground.
2. A: Can you tell me where the bank is?	at Hninzi Ro opposite the	adauk Street, and (2)turn right bad. The bank is on your right, e park, next to the clinic.
3. A: Excuse me, do you know where the restaurant is?		1 to 1
4. A: How do I get to the post office?	at Taw Win	Street. It's on your left, sandwich shop.
5. A: I'd like to go to the library.		Thapyay Road. The library is at, next to the museum.

Lesson 4: My favourite room

	things in a room	describing a room	
-		The state of the s	

Reading

1 Label the things in the picture with the words in the paragraph.



2 Choose the correct title for the paragraph below: My Bedroom, My Kitchen, My Living Room

I am Aung Aung. I live with my parents in an apartment. There are four rooms – a living room, two bedrooms and a kitchen. The room I like best is the kitchen. It is a big room. It is also our dining room because we have our meals there. It is at the back of the apartment. Pink tiles cover the floor. It has two windows. One window looks over the street and the other one looks over the backyard. The kitchen gets lots of sunlight and fresh air. It is light and airy. Inside the cabinet above the kitchen counter are spoons, forks, knives, plates, bowls, cups and saucers. On the rack above the sink are frying pans, cooking pots, and ladles. There is a stove and a sink. The waste bin is beside the sink. There are four chairs, two stools and a wooden table in the kitchen. The kitchen is always clean. I help my mother clean the kitchen and do the washing-up. As we spend a lot of our time in the kitchen, it is my favourite room at home.

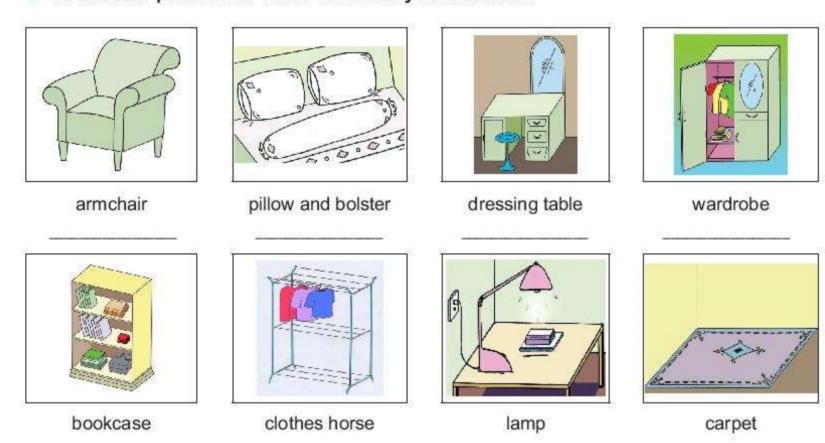
3 Complete the list with the words in bold in the paragraph.

Furniture	Kitchen utensils			
cabinet,	spoons,			

4 Find the adjectives in the paragraph that Aung Aung uses to describe his kitchen.

Writing

1 Look at the pictures. In which room can you find them?



- 2 Think about your bedroom. Answer the questions.
 - 1. Do you have your own bedroom or share it with someone else? I have my own bedroom.
 - 2. Where is your bedroom? My bed room is next to the living room.
 - 3. Is it big or small? It is big
 - 4. What is the colour of the walls? The colour of wall is white.
 - Does it get fresh air? It gets fresh air.
 - 6. Does it have a window? What can you see from the window? It has a window. I can see the road from the window.
 - 7. Does it get lots of sunlight? I gets a lot of sunlights.
 - 8. What pieces of furniture are there in your room? There are tables, chsirs, TV and book case in my room.
 - 9. What do you usually do in your room? I usually study in my room.
 - 10. Do you like your room? Why? I like my room because it is neat, tidy and peaceful.
- 3 Write a paragraph on "My Bedroom" using your answers in Exercise 2.

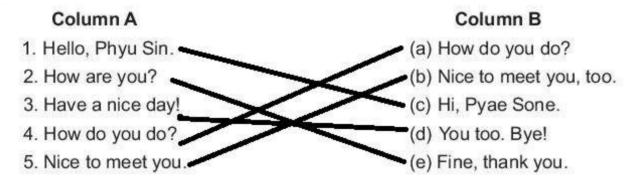
My name is ______. I live in a house / an apartment.

4 Describe your bedroom to your friend.

Review 1

1 Circle the odd one out.

- (c) cloudy 1. (a) windy (b) sunny (d) tidy 2. (a) teacher (b) cooker (c) engineer (d) farmer 3. (a) cooking (c) hiking (b) swimming (d) skating 4. (a) table (c) pot (d) desk (b) chair (c) fruit shop (d) clothes shop 5. (a) museum (b) chemist's
- 2 Complete the sentences with the correct form of the verbs given in brackets.
 - Every summer, we _______ (go) to Chaung Tha.
 My brother ______ (play) football at weekends.
 Pyin Oo Lwin ______ (have) a pleasant cilmate.
 It ______ (not be) sunny today.
 My mother ______ (wash) her hair on Saturdays.
- 3 Match the greetings in Column A with the responses in Column B.



4 Complete the sentences using the prepositions below.

above	between	in	in front of	on
1. The bo	oks are	ont	he shelf.	
	acher is sta	in fra	ont of the class	S.
3. The clo	ock is above	the	blackboard in ou	ur classroom.
4. Kaung	Kaung sits	between	_ Bo Bo and Tu	n Tun.
5 His had	nis in	the d	rawer	

5 Look around the class. In pairs, ask and answer the questions.

1. Where is the blackboard?	Blackboard is in front of the class.
2. Where is the dustbin?	Dustbin is outside the class.
3. Where is the clock?	The clock is above blackboard
4. Where is the teacher's cha	ir? The teacher's chair is beside blackboard.
5. Where are your books?	The books are in the cabinet.

6	Study the picture and complete the dialogues using the appropriate words or
	phrases given in the box.

supermarket	turn right	turn left	go straight	
hotel	hospital	could you tell i	me the way	

	School		Police station		
	SCHOOL		Hospital		
,	Y				ŤŤ
	Café		Park	Bus	stop
	Hotel		Bank	Office	
Super	market				
Shop	Shop				

Dialogue 1		How can I go			
You: Policeman	Excuse me. (1) : Go straight and (2) to the (3) hospital	turn right		lice station? fic lights. It's c	on your right, next
Dialogue 2					
You:	Excuse me. Could y	ou tell me the way	to the (4)_	hotel	?
Policeman	: (5) Go straight	and (6)	turn left		_ at the traffic
	lights. Then, go pas the (7)supermarke		osite the ba	ink. It's betwe	en the café and

Project 1

In groups, write a holiday postcard.

- 1. Choose a place you like.
- 2. Draw a picture or find a picture from a newspaper or a magazine for the postcard.
- 3. Discuss with your friends and write what you can see and do there.
- 4. Start your postcard with a greeting.
- Include your personal feelings.
- 6. Use 'be + adjective' to describe weather and places.
- 7. End your postcard with leave-taking and signature.

Study the sample postcard before you start your project.

29th April, 2019

Hello Thiri,

We are having a wonderful time in Chaung Tha. There are lots to do here. The sandy beach is beautiful and not far from the hotel. Chaung Tha is famous for its fresh and yummy seafood. The weather is fine. The people are kind and helpful. The beach is really good for hiking, jogging and cycling. See you soon!

Love, Muyar Thiri

No.10, Aung Mingalar Street

Bago



Poem 1

THE OWL

Pre-reading

- 1. When can you usually see an owl?
- 2. Where can you find it?
- 3. What does it eat?



1 Read the poem.

THE OWL

A wise old owl sat on an oak,

The more he saw the less he spoke,

The less he spoke the more he heard,

Why aren't we like that wise old bird?

Edward H. Richards

2 Answer the following questions.

- 1. Where was the owl?
- 2. How many lines are there in the poem?
- 3. Find the word that rhymes with 'oak'.
- 4. Find the word that rhymes with 'heard'.
- 5. What adjectives are used to describe the owl?

UNIT 4

Lesson 1: Talking about your family and free time

words that go with go, do, play	 talking about hobbies and families
---------------------------------	--------------------------------------------------------

Listening and speaking

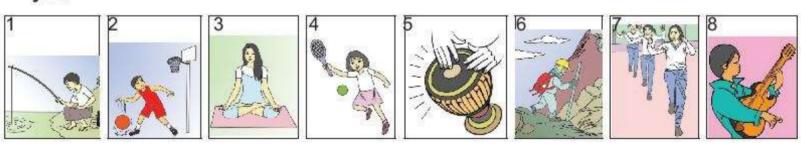
Listen and repeat.

	climbing		judo		badminton		the drums
go	diving	do	karate	play	basketball	play	the flute
	fishing	+	yoga	1 00	football		the guitar

2 Put the following words in the correct column.

aerobics the p	iano skating swimming gyn	nnastics tennis
go	do	play
gymnastics	aerobics skating swimming	the piano tennis

3 Match the pictures with the hobbies from Exercises 1 and 2. The first one is done for you.



- 1. go fishing
- play basketball
- do meditation /do yoga
- 4. play badminton

- 5. play drum
 6. climb
 7. do exercise
 play guitar
- 4 Listen to Bannyar, Haymah, Thiha, and Thazin talking about themselves. Write down the name of each speaker. The first one is done for you.
 - · father engineer
 - mother loves cooking
 - volleyball
 - · shopping with parents
 - music

Speaker: Thazin

- farmers
- climbing mountains
- play the flute
- diving in the river

Speaker: _____

 doctors 	 doctor and teacher
 two girls 	two brothers
 badminton 	 basketball and football
 guitar and piano 	swimming
Speaker:	Speaker:

5 Listen again and complete the table.

Hobbies	Who?	
playing basketball		
travelling		
playing the guitar		
listening to K-pop music		

6 Listen and fill in the blanks.

My_	name	is Thazin. I am from	Lashio. I'm s	tudying i	n Grade 6 n	ow. My_	parents
are U Yan	Shin and	d Daw Khin Yi. I have n		cictor	I like _	THE RESERVE OF THE PARTY OF THE	_to K-pop
music wit	h my frie	nds. On weekends, I_	go shopping,	with my p	parents.		

7 In pairs, tell each other about your family and hobbies.





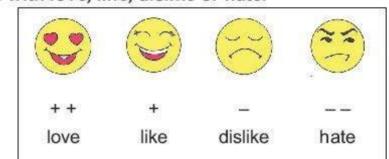
Lesson 2: A happy family

different kinds of food	expressing likes and dislikes
a	expressing integration

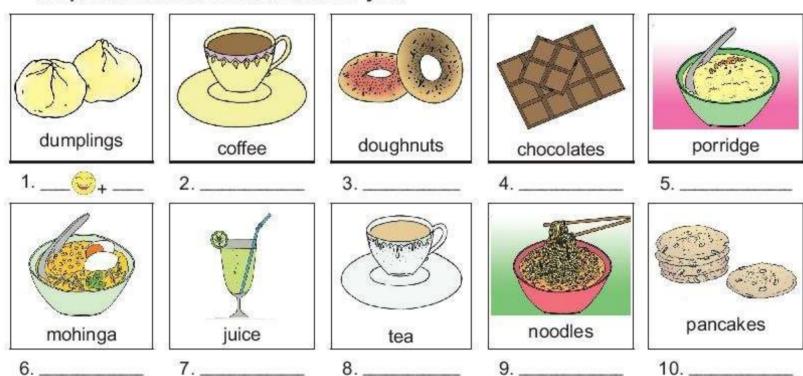
Reading

1 Look at the emoticons and fill in the blanks with love, like, dislike or hate.

1. I_	like	Indian food.	ુ
2. 1_	hate	snakes.	(3)
3. 1_	.lave	flying.	6
4. 1_	dislike	ice-cream.	



2 Do you love, like, dislike or hate the following food and drinks? Draw emoticons under the pictures. The first one is done for you.



- 3 Look at the emoticons you have chosen in Exercise 2, and write a sentence for each picture.
 - 1. I like dumplings.

4 Read the passage.

My name is Thura. I live in Yangon. I am eleven years old. I am studying in Grade 6. My parents are U Kyaw Win and Daw Khin Ma Ma. My father is a doctor and my mother is a teacher. My younger brother Kyaw Swa is studying in Grade 4. We go to the same school. My grandmother, Daw Mya Iives with us. She is my mother's mother. She loves all of us, and we all love her too. The people in my family have different likes and dislikes.





Sports

I really like playing football. Kyaw Swa likes playing basketball. But, sometimes, he plays football with us. When he goes to the basketball court, I go along with him and watch him play basketball with his friends.

Entertainment

My father likes watching football matches, but my mother and my grandmother like watching movies on TV. Kyaw Swa and I like listening to music. Kyaw Swa loves hip-hop music, but I do not like it very much. I like pop music.







Food

My mother usually thinks carefully about what to cook every day because we have different likes and dislikes. My father and I love fish, but my brother doesn't. He likes meat. My grandmother doesn't eat meat. We all love vegetables.

On Sundays, my mother cooks delicious dishes for us, and we usually have a wonderful meal. Although we have different likes and dislikes, we never quarrel. We are a happy family.

4a Complete the table.

Sr. No.	Name	Sports		Entertainment		Food	
		like	dislike	like	dislike	like	dislike
1	Daw Mya Mya	=	(m)		=		
2	U Kyaw Win	515 8	-		_	E	0-0
3	Daw Khin Ma Ma	-	-		-	35	-
4	Thura		-			13	83 83
5	Kyaw Swa		344		:=		

4b Answer the questions.

- 1. How many people are there in Thura's family?
- 2. What does Thura's father do?
- 3. What are the hobbies of the two boys?
- 4. What kind of music does Thura listen to?
- 5. What type of food do they all like?

5 Choose two people from your family. Match the people and the food they like by drawing a line.

	1
Му	father
Му	mother
Му	brother
Му	sister

1.70	
doughnuts	
dumplings	
noodles	-8
mohinga	
pancakes	

6 Tell the class what you and your family members like.

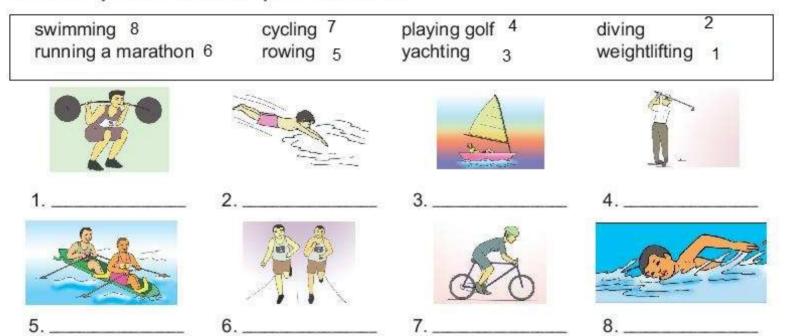
e.g. I like	
My mother/ father/ sister/ brother	

Lesson 3: Talking about habits and routines

 verbs expressing likes a 	and dislikes • adverbs of	f frequency
----------------------------------------------	---------------------------	-------------

Vocabulary

1 Match the pictures with the sports in the box.



2 Circle the odd word. The first one is done for you.

1.	swimming	golf	rowing	yachting
2.	basketball	volleyball	football	weightlifting
3.	orange	guava	banana	potato
4.	chicken	fish	crab	prawns
5.	coffee	tea	milk	pancake

3 Put a tick (√) in the correct column for the sports and hobbies you like or dislike. Compare your list with your friend's. What do you like or dislike on your friend's list?

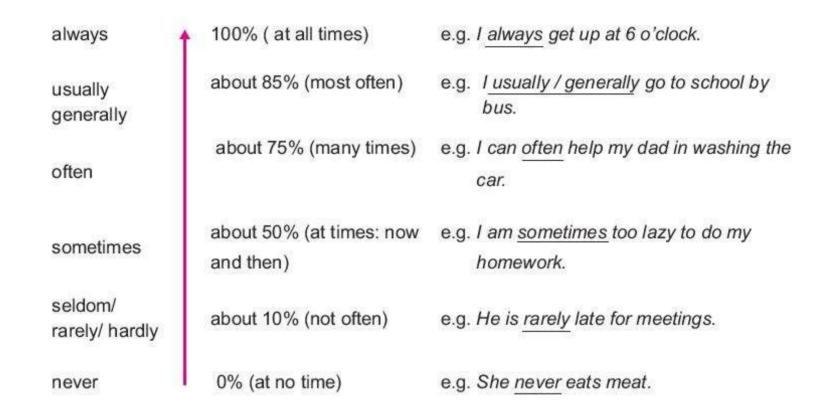
Sports and hobbies	•	0	8	3
cycling		✓		
playing basketball				
swimming				✓
listening to music				
playing the guitar				
travelling				

Useful language

A: I like cycling. What about you?	A: I hate swimming.	A: I don't like weightlifting.
B: So do I.	B: Oh, really? I love it.	B: Neither do I.

Grammar

Adverbs of frequency: always, usually, generally, often, sometimes, seldom/ rarely/ hardly, never



1 Look at the diagram and fill the blanks with always, usually, generally, often, sometimes, seldom, rarely, hardly or never.

100%	1. Mg Mgalways goes to school by school bus.
85%	Heusually studies his lessons at night.
75%	3. His mothergenerally cooks chicken.
50%	4. His brother rarely eats vegetables.
10%	His familysometimes goes to the cinema on Sunday.
0%	6. His father smokes.

2 In groups of 4, say one thing you usually do and one thing you never do.

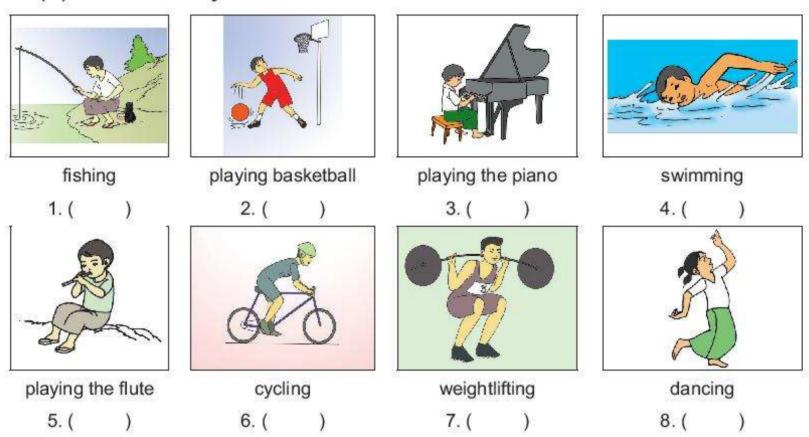
e.g. I usually go climbing. I never run a race.

Lesson 4: What we like and dislike!

0.35		- 2%		200
	hobbies and free time activities	•	different kinds of food and drink	1

Writing

1 Look at the pictures. In brackets, put a tick (√) for the hobbies you like and a cross (×) for the hobbies you don't like.



2 In pairs, tell your friend the hobbies you like or dislike. Use like, love, dislike and hate.



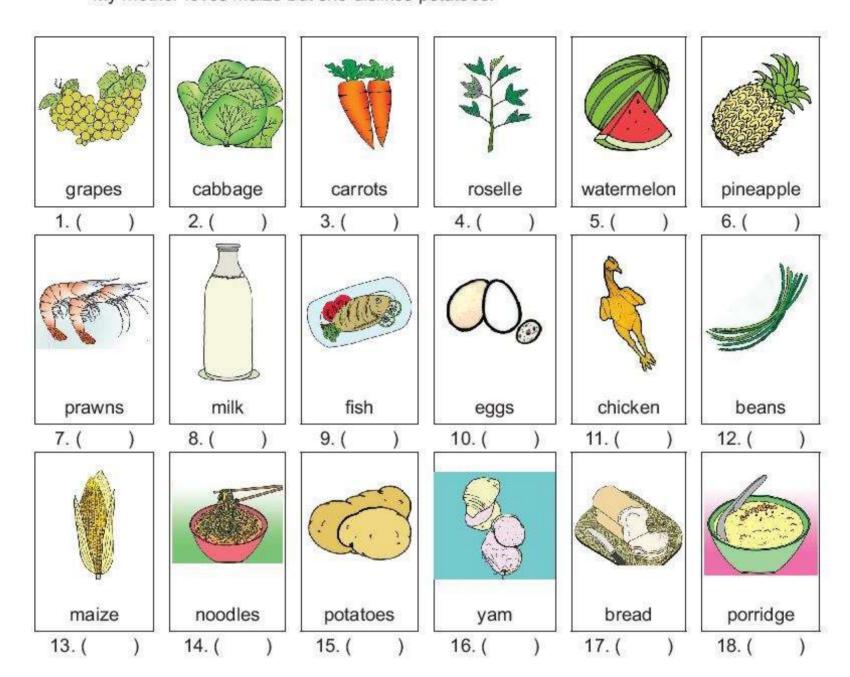
3 In Column A, write 3 sentences about your hobbies. In Column B, write 3 sentences about how often you do these hobbies.

Column A	Column B
e.g. I like swimming.	e.g. / sometimes go swimming.
1	1
2	2
3.	3.

4 Read out your sentences to the class.

- 5 Look at the pictures. Put a tick (√) each for the food and drinks you and your family members like, or a cross (x) for what they dislike. Write 5 sentences.
 - e.g. I love grapes and pineapples but I don't like watermelons.

 My mother loves maize but she dislikes potatoes.



- 6 Write a paragraph on "My Family". Use the answers to these questions.
 - What is your name?

My name is Mg Mg

How old are you?

I am 11 years old

• Where do you live?

Hive in Yankin

- What Grade are you in? I am in the Grade 8
- . Who are your parents? My parents are U Hla and daw Mya
- What do they do? My father is an engineer and my mother is a doctor
- How many brothers and sisters do you have? I have 1 brother and 1 sister.
- What are your hobbies? I play football
- What are the food and drinks that you and your parents like or dislike?

I like fried chicken, I do not like icecream

UNIT 5

Lesson 1: Where shall we meet?

•	making appointments		nationalities and countries
•	making appointments	•	nationalities and countries

Listening and speaking

1 Listen and complete the conversations with the words in the box.

Conversation 1 free join come meet plans Mon Mon: Are you (1) free on Saturday, Sandar? Sandar: Oh, Yes. Do you have any (2) plans ? Mon Mon: We're going to a restaurant for dinner this evening. Would you like to (3) come with us? Ko Ko and Su Su are coming too.

Sandar: That's great. I'd love to. Where shall we (4) meet ? And when? Mon Mon: Let's meet at the Silver Star Restaurant. Will 5 o'clock be OK?

Sandar: Sure. I'll (5) join you. See you.

Conversation 2

10 o' clo	ock	meet	See	Sunday	time
Nandar:	I'd like t	o invite you	to my birtho	day party on (1)_Sunday
Thandar:	What (2)time	?		
Nandar:	At (3)	in the m	orning. Can	you come?	10 o'clock
Thandar:	Certainl	y. Where ar	e we going	to (4)	_ ? meet
Nandar:	At the G	Golden Star	Restaurant.		
Thandar:	OK. I'll o	come. (5) S	iee vo	u there.	

Conversation 3

1:00	badminton	badminton court	school	Wed	nesday	
Min Khant:	Do you have any	plans for (1)	after sch	ool?	Wednesda	ay
Zaw Zaw:	No. None. Why?	10 1 to 10 to				
Min Khant:	Then what about	playing (2) badmin	ton?			
Zaw Zaw:	Why not? When s	shall we meet?		badminto	n court	
Min Khant:	After school at (3)1:00 Let's m				naton Street.
Zaw Zaw:	Good! The badmi	nton court is near o	ur (5)	s	chool	
	OK. See you then	L.				

- OK. See you then.
- Check your answers with your friend.
- In pairs, practise the conversations.

Useful language

Where shall we meet?	Would you like to?
When / Where are we going to meet?	I'll join you. See you then.

4 Complete the table with the words given below.

Japan	Thailand	Korea	India	Singapore	Malaysia
Singaporean	Korean	Indian	Thai	Malaysian	Japanese

Country	Nationality
China	Chinese
Singapore	Singaporean
Korea	Korean
Thailand	thai
_ Malaysia	Malaysian

5a Listen and complete the conversations.

Conversation 1

A: Where are you from?

B: Iam from Japan . I'm Japanese.

Conversation 2

A: Where do you come from?

B: Korea. I'm Korean

Conversation 3

A: Where are you from?

B: India . I'm Indian.

Conversation 4

A: Where do you come from?

B: Malaysia. I'm Malaysian

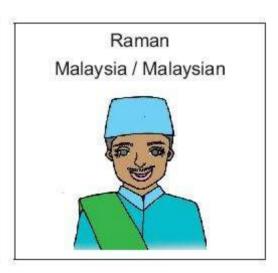
5b Check the answers with your friend.

6 Look at the sample conversation. In pairs, practise the conversation, using the information given below.

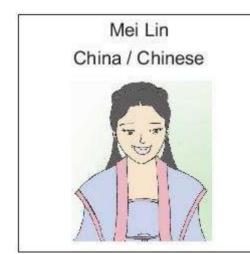
- e.g. A. Where are you from, Mei Lin?
 - B. From China. I'm Chinese.











Useful language	
Where are you from,	?
From	
l'm	- 74

Lesson 2: Let's read a short note!

talking about personal interests	making appointments
taiking about portorial intorcoto	- making appointments

Reading

1 Read the short paragraphs. Tick (√) the activities the children like to do.

Yadana

I love music. I enjoy listening to pop songs. Singing contests are my favourite TV programmes. I also love to sing. My father has a very nice Karaoke machine. I practise singing songs at weekends. I hope to take part in one of the famous singing contests one day. I like the Myanmar Idol Programme best. I hope to be a pop singer when I grow up.

Nady

I'm fond of travelling. In my free time, I watch the Discovery Programme on TV. I love to watch Discovery Asia because I can learn about science, wildlife, history and culture of Asian countries. I wish to visit some famous and interesting places in Asia. I hope I will visit these places one day. I plan to be a reporter when I grow up.

Thaw Zin

I'm interested in sports. I really like football. I play football with my friends after school. I am a player on our school football team. I love to watch football matches on TV. I am a fan of Manchester United. My favourite footballer is Rooney. I hope to be a famous footballer when I grow up.

Activity	Yadana	Nady	Thaw Zin
listening to pop music	√		
travelling			
watching the Discovery Programme on TV			
playing football			
visiting Asian countries			
singing			
watching sports programmes			
taking part in singing contests			

2 1	Read the	short notes	and	complete	the	sentences	below	the	tables
-----	----------	-------------	-----	----------	-----	-----------	-------	-----	--------

Hello Su Su,
Everything is fine with me.
But too much homework!
I also heard about that new restaurant. But
I have to go to my grandma on Saturday.
I'll be back in the evening.
How about Sunday?
We can go there at lunch time.
Let's meet at 12, OK?
See you.
Sandy

- 1. Su Su asked Sandy if she would like to try the Korean food

- 2. Su Su is free _____on Sunday
 3. Sandy is fine but she has a lot of ____homework
 4. Sandy is not free on ____because she has to go to her grandma.
 5. They will meet at 12 on _____.

3a Read the note asking for leave of absence and fill in the blanks with the words in the box.

respectfully	sorry	Saya	shall	running
Dear (1)				
l'm (2) l (4)	I cannot come to _ be able to come to	o school today. I'm o school tomorrow.	10.000	_ a slight fever.
Yours (5) Thura				

3b Check your answers with your friend.

3c Answer the questions.

- 1. Who is the note for?
- 2. Why did Thura write this note?
- 3. Why can't Thura come to school?
- 4. When would Thura be able to come to school?

Lesson 3: Where are you from?

	countries, nationalities and capitals		present simple	
0.000	countries, frationalities and capitals	17700	present simple	

Vocabulary and grammar

Vocabulary

1a Look at the names of ASEAN countries, their nationalities and their capitals.

No.		Country	Nationality	Capital
1		Brunei Darussalam	Bruneian	Bandar Seri Begawan
2	***	Cambodia	Cambodian	Phnom Penh
3		Indonesia	Indonesian	Jakarta
4		Lao PDR	Laotian	Vientiane
5	<u>C-</u>	Malaysia	Malaysian	Kualar Lampur
6	*	Myanmar	Myanmar	Nay Pyi Taw
7		The Philippines	Filipino	Manila
8	C	Singapore	Singaporean	Singapore
9		Thailand	Thai	Bangkok
10	*	Vietnam	Vietnamese	Hanoi

1b Choose the correct answers.

1.	What is the capital of Vietnam?		
	(a) Manila	(b) Bangkok	(c) Hanoi
2.	Where is Kualar Lampur?		
	(a) in Thailand	(b) in Malaysia	(c) in Lao PDR
3.	What is a citizen of Brunei Darus	ssalam called?	
	(a) Bruneian	(b) Thai	(c) Singaporean
4.	Which country is next to Myanm	ar?	
	(a) Thailand	(b) Singapore	(c) Malaysia
5.	Which country's flag has a triang	gle?	
	(a) Vietnam's	(b) Indonesia's	(c) The Philippines'

Grammar

1	Read the sentences. Then match them with the uses of the present simple. Write (a
	for a current situation, or (b) for an activity in a current programme.

e.g. David is a computer programmer. (a) Our holiday ends next Sunday. (b)			
1. U Than Nyunt is a surgeon.	()	We use the present simple tense to talk
2. The train arrives at 9:00 a.m.	()	about:
3. Jacky Chan is a famous Chinese actor.	()	a. a current situation
4. The movie starts at 6 o'clock.	()	b. an activity in a current
Thin Thin comes from Mandalay.	()	programme

2 Complete the sentences with am, is or are.

- Look! The cat ___is __ behind the door.
- My parents <u>are</u> not from Yangon.
- 3. I am a tennis player.
- Tint and Wint are twir sisters.
- 5. __ls___ he from Brunei?

Present Simple (Verb to Be)							
Affirmative	I You/We/They He/She/It	am are is	from Japan				
Negative	I You/We/They He/She/It	am are not is	at school.				
Interrogative	Are Is	you/they he/she/it	from China?				

3 Underline the correct answers.

- 1. The plane (leave / leaves) at 8 p.m.
- We (do not live / does not live) in Pyay.
- 3. Where (do / does) they come from?
- The concert (begin / begins) at 5 o' clock.
- 5. This car (belongs / belong) to our neighbour.

	Present Simple	(Verb to Do)	e:
Affirmative	I/You/We/They He/She/It	live lives	in Japan.
Negative	I/You/We/They He/She/It	don't come doesn't come	from Korea
Interrogative	Do Does	you/they he/she/it	come from Thailand?

4 Put the words in the correct order to form questions. Then write short answers about you.

- you/a football player/are/?
 e.g. Are you a football player/?
 Yes, I am. (OR) No, I'm not.
- 2. your father/come/does/from Sittwe/?
- 3. from the same school/your friends/ are/as yours/?

Are your friends from the same school as yours?

Sittwe?

Does your father come from

Do you have any brothers and sisters 4. do/have/you/any brothers and sisters/?

5. do the cooking/your mother/does/?

Does your mother do the cooking?

Short answers			
Verb	Yes	No	
Be	Yes, I am.	No, I'm not.	
Yes, you/we/they are.		No, you/we/they aren't.	
	Yes, he/she/it is.	No, he/she/it isn't.	
Do	Yes, I do.	No, I don't.	
	Yes, you/we/they/	No, you/we/they	
	do.	don't.	
	Yes, he/she/it	No, he/she/it	
	does.	doesn't.	

Lesson 4: Filling in a form

filling in a form	 writing about myself 	

Writing

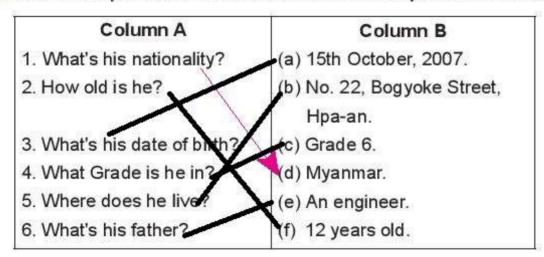
1a Read the text and fill in the form given below.

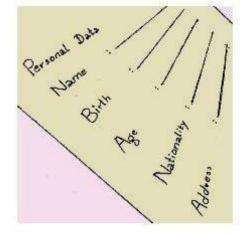
My name is Nyein Chan. I live in Hpa-an. I am a Grade 6 student. I go to State High School No. 1. I am in Section A. I was born on 15th October, 2007 and now I am 12. My father's name is U Aung Chan, and my mother is Daw Mya Hnin. There are five members in my family. I have one elder sister and one younger sister. I am an only son. My pet name is "Pho Thar". I live at No 22, Bogyoke Street, Hpa-an, Kayin State. My contact number is 09-797169699.

My father is an engineer, and my mother is a good housewife. My elder sister is now in Grade 8. My younger sister is in the Kindergarten. I am interested in Science and Mathematics. I always get high marks in these two subjects in most of the tests. I want to be an engineer like my father one day. My ambition is to build big bridges in Myanmar.

Name: Nyein Chan
Date of Birth:
Age:
Nationality:
Grade:
Section:
Father's Name:
Father's Occupation:
Address:
Contact No:

1b Match the questions in Column A with the responses in Column B to form a dialogue.





1c Check the answers. Practise the dialogue with your friend.

2a Fill in the following registration form with your personal information.

Bas	ic Education High School No.1, Pathein	ř T
	Badminton Club Registration Form	Photo
	Date:	18 - 12)
Name:		
Date of Birth:	 	
Age:		
Nationality:		
Father's name:		
Father's occupation:	7W	
Mother's name:		
Mother's occupation:		
Grade:		
Section:		
Address:		
Contact / Phone number:		
	Signature	
2b Write a paragraph abouty Form.	yourself. Use the information in the Badminton CI	ub Registration
(7		<u> </u>
		# = = 3
(Piece
w		

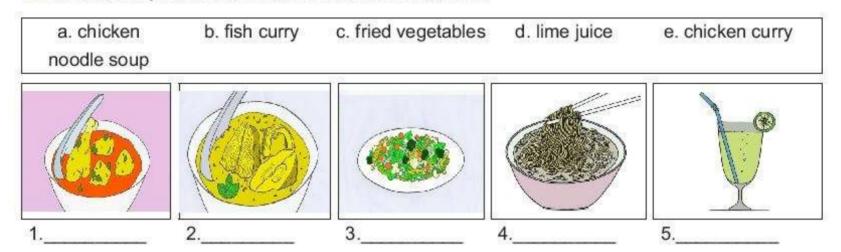
UNIT 6

Lesson 1: Let's eat out!

	ordering food and drinks	talking about prices	
353	ordorning rood dire directo	tanting about prices	

Listening and speaking

- In pairs, ask your friend:
 - 1. Where do you usually eat out?
 - 2. What do you usually have there?
 - 3. Do you like the place? Why?
- 2a Match the pictures with the food items in the box.



At the Moonlight Restaurant

- 2b Look at the menu of the Moonlight Restaurant. What can you have there?
- 2c Listen and complete the dialogue with the food items.

Waiter: Good morning. What would you like to have?

May we look at the menu first? Woman:

Waiter: Here you are.

rice and chicken Yes, I'll have (1) Woman:

And what about you, Toe Toe?

I'll have (2) rice and pork Girl: Would you like anything to drink? Waiter: I'll have (3)_ lime juice

I'll have (4) coffee Girl: please.

(a few minutes later)

Waiter, how much does our bill come to? Woman:

It's 3,700 kyats. Waiter:

Woman:

- 2d Listen again and check your answers with your friend.
- 2e In groups of three, practise the dialogue.

Moonlight Res	staurant
Menu	
Rice and Curry	
Rice	200 ks
Chicken	1200 ks
Mutton	1500 ks
Pork	1200 ks
Fish	1200 ks
Eggs	1000 ks
Chicken noodle soup	1200 ks
Vermicelli soup	1200 ks
Vegetables	
Fried cauliflower	500 ks
Fried vegetables	500 ks
Drinks	
Coffee / tea	300 ks
Lime juice	600 ks

Talking	abaut	-
Talking	apout	prices

3	Listen	and	write	the	prices	vou	hear.
	-:000	4114	*****		PILOUG	700	IIV ai.

1	2	3	4	5.
1.6	4.	U.	71.	V.

4 In pairs, practise the following dialogue, using the menu of the Moonlight Restaurant in Exercise 2.

Customer: How much is the chicken noodle soup?

Waiter: It's 1,200 kyats.

Customer: Can I have chicken noodle soup and coffee, please?

Waiter: That'll be 1,500 kyats.

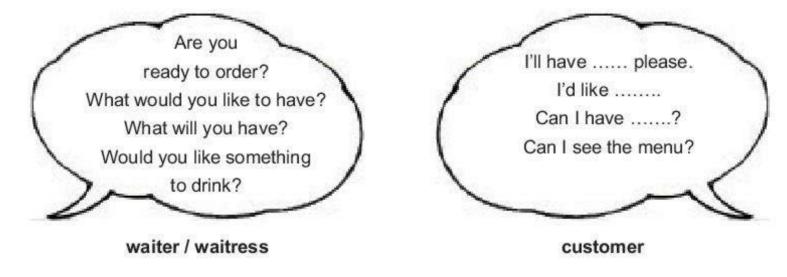
At the restaurant

5a Listen to the dialogue between a customer and a waiter. Put the sentences in the correct order. The first one is done for you.

1. No. That's all. Thanks.	()
2. Would you like anything to drink?	()
3. Yes, I'll have rice with fried vegetables.	()
4. Here you are.	()
5. Good afternoon. What will you have, Sir?	(1)
6. Waiter, how much does our bill come to?	()
7. Good afternoon. May I see the menu first?	()
8. Coffee, please.	()
9. Here you are, Sir. It's 1,000 kyats.	()
10. Anything else?	()

- 5b Listen again and check your answers with your friend.
- 5c In pairs, role-play the dialogue.

Useful language



Lesson 2: Do you eat healthy food?

204		154	
	food items	 health benefits 	

Reading

- 1 In pairs, ask and give short answers to the following questions.
 - 1. Where do you usually have your breakfast?
 - 2. What do you usually have for breakfast at home?
- 2 Read the texts.

Breakfast

Kaythi had a glass of milk and two sardine sandwiches for her breakfast this morning at the school canteen. Milk is rich in calcium that makes bones and teeth stronger. Omega-3 fatty acids in sardines are good for our skin and brain.

Yesterday, Zaw Naing had fried rice with peas and a fried egg for breakfast with his parents at home. Eggs and peas contain proteins and rice has carbohydrates.

Proteins and carbohydrates can build our body muscles.

2a Draw lines from the names to the correct food items.

Kaythi

Zaw Naing









2b Complete the table.

Name	Food items	Health benefits
Kaythi		good for bones and teeth
	sardine sandwiches	
Zaw Naing	fried rice with peas and a fried egg	

3 Read the texts.

Lunch

Yesterday, Kaythi had fried noodles with chicken and broccoli for lunch. Noodles contain carbohydrates which are important for energy. Chicken contains protein for the body to grow well. Broccoli has vitamin K, which is good for memory. For dessert, Kaythi had a bar of dark chocolate. Having 150 calories of dark chocolate a day is good for the skin. Kaythi usually has healthy food because she wants to be taller and do well in her studies.

For lunch, Zaw Naing ate rice, fish curry and fried string beans. He had two bananas after lunch. Rice contains carbohydrates and fish has protein. Proteins and carbohydrates are rich in nutrients for body growth and energy. String beans are rich in fibre which is good for blood flow. Besides, green and yellow vegetables are good for the eyes. Zaw Naing wants to be stronger so that he will be able to play basketball better.

3a Answer the questions.

- 1. Who had noodles for lunch?
- 2. Name different kinds of food items that contain carbohydrates.
- 3. Give two examples of food that contain protein.
- 4. Why did Kaythi eat broccoli?
- 5. Why does Zaw Naing want to be stronger?
- 6. What is vitamin K good for?
- 7. Who had fruit after lunch?
- 8. What is dark chocolate good for?
- 9. What does Kaythi want to be?
- 10. Which food is good for eyesight?

3b Find words in the passage that have the same meaning as the words given below. The first letter is given to help you.

1.	the verb that means the same as 'eat'	h
2.	a substance in rice, bread and noodles	C
3.	the ability to remember	m
4.	the steady and continuous movement	f
	of blood	
5.	the verb that means the same as 'contain'	h

3c Write the food items from Exercises 2 and 3 in the correct columns.

Who	Meat and fish	Vegetables and fruits	Others
Kaythi		38	
Zaw Naing	2		

Lesson 3: What's the difference: countable and uncountable?

		_
 countable and uncountable nouns 	 weight and measure 	

Grammar: Countable and uncountable nouns

E	camples of cou	ıntable nouns	Examples of uncountable nouns
•	one book	two books	 rice, sugar, milk, bread
•	an apple	two apples	17954
•	a child	two children	

1 Look at the nouns below. Write [C] for a countable noun and [U] for an uncountable one.
Put them into the correct column of the table.

banana [C]	burger	milk	rice
bar	butter	noodle	sandwich
beef	calorie	oil	skin
body	chicken	omelette	sugar
bone	egg	orange	vegetable
broccoli [U]	meat	protein	vitamin

Countable nouns [C]	Uncountable nouns [U]

2 Add a / an to the following sentences where necessary.

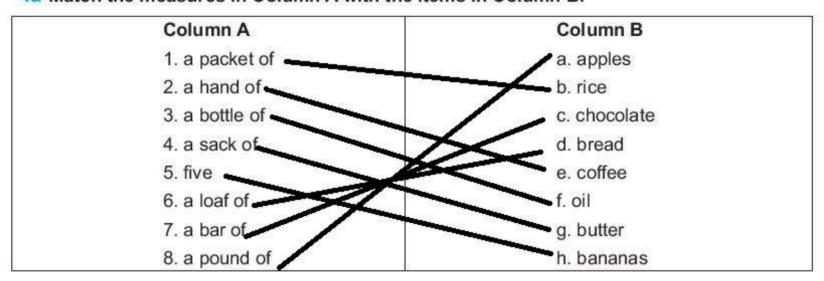
- e.g. Win Ko had boiled egg for lunch. Answer: Win Ko had a boiled egg for lunch.
 - 1. I'd like sandwich, please.
 - 2. My brother usually eats banana after lunch.
 - 3. Omega-3 fatty acids are good for the skin.
 - 4. Mother cooked chicken curry for us yesterday.
 - 5. I often drink water.
 - 6. My brother often has fried rice and banana in the morning.
 - 7. Yan Kyaw had chicken burger and milk for lunch.
 - 8. Mother often cooks fish for us.
 - 9. My sister often has omelette for breakfast.
 - 10. We should eat broccoli that contains vitamin K.

3 Underline the correct answer.

e.g. We sometimes have our breakfast / breakfasts at a restaurant.

- 1. What benefit / benefits can we get from eating vegetables?
- 2. Drinking milk is good for the bone / bones.
- 3. Rice contains carbohydrate / carbohydrates.
- 4. Look at the dessert / desserts on the menu!
- 5. I had coconut noodle / noodles for breakfast yesterday.
- 6. We get nutrient / nutrients from the food we eat.
- 7. Naung Naung was so hungry that he ate a lot of rice / rices.
- 8. I usually have sandwich / a sandwich for lunch.
- 9. I always have coffee / coffees in the afternoon.
- 10. Ma Ma bought bread / breads from the market.

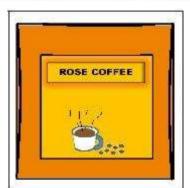
4a Match the measures in Column A with the items in Column B.



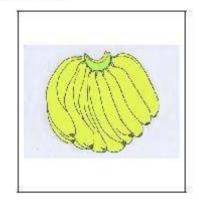
4b Match the pictures with the items in Exercise 4a.



1. a sack of rice



e e



a h



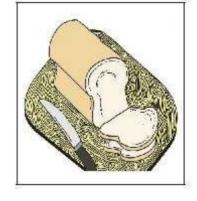
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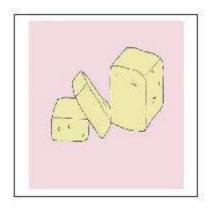
5 C



6 a



7 d



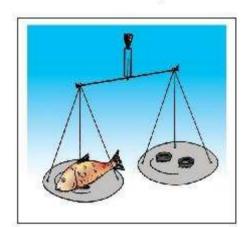
g g

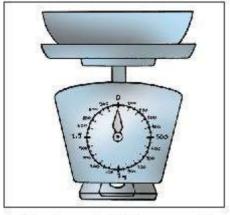
Lesson 4: Let's go shopping!

51		- TO
	 food and weight 	 making a shopping list

Vocabulary: How much / How many.....?

1 Look at the pictures of scales.





100 ticals = 1 viss 1000 grams = 1 kilogram (kg)

To talk about the weight of meat, fish, groceries and vegetables, we use:

tical and viss (local markets)

gram, kilogram, litre (supermarkets)

e.g. 50 ticals of potatoes

e.g. 300 grams of potatoes

e.g. two viss of chicken

e.g. two litres of oil

Writing: Making a shopping list

1 Complete the text with the words in the box.

L	meal	shopping	lunch	old
		I will be twelve years old		Mum is planning to cook
	a delicious meal for my l	oirthday party. I have invite	ed five friends to	o my house for <u>lunch</u> .
	Mum asked me to make a	shopping list of the iten	ns we need.	

2a Imagine you are Thawdar Lamin. Write a shopping list for your birthday party.

	Items	How much / How many
1. meat / fish	chicken	one viss
2. vegetables	carrot	one kg
3. fruits	banana	one
4. groceries	toothpaste	one

2b Read out your shopping list to your friend.

One viss of chicken,

At the market

3 Complete the dialogue between the shopkeeper and the customer, using the information given. Use How much for uncountable nouns and How many for countable nouns in asking questions.

1	At the charter of	mutton 30 ticals	How much mutton do you want? 30 ticals of mutton, please.
At the butcher's	chicken 1 viss	? , please.	
3	At the fishmonger's	fish 50 ticals	? , please.
4		cabbages 2	? , please.
5	At the greengrocer's	carrots	? , please.
6	pumpkins 2	? , please.	
7	At the fruit chen	oranges 20	? , please.
At the fruit shop 8	apples	? , please.	
9	At the grocer's	rice 1 bag	? , please.
10	At the glocer's	peanut oil 1 viss	? , please.

4 li	n pairs.	role-play	the dialogue	between	the sho	okeeper	and the	e customer.
------	----------	-----------	--------------	---------	---------	---------	---------	-------------

Shopkeeper:	How much/ How many	
Customer:	*	

Review 2

1 Look at the table below. Write sentences in your exercise book about Zeya. Use the information in the table to help you. The first two are done to help you.

[love (++); like (+); dislike (-); hate (--)]

1. swimming	+ +	Sundays
2. tennis		never
3. piano	+	Tuesdays
4. basketball	+ +	Wednesdays
5. judo	+	Saturdays
6. volleyball	-	rarely
7. football	+ +	weekends

1. Zeya loves swimming. He goes swimming on Sundays.

He hates tennis. He never plays it.

2 Fill the blanks with the suitable words. The first letters are given to help you.

1.	I am not very strong. So, I cannot run a m_arathorn
2.	I like camping in the park. It makes my legs strong.
3.	I am a member of my school band. I can play the f_ootball_very well.
4.	Most of the boys like w_eight lifting_ because they want to build muscles in their arms.
5.	My brother cannot play the guitar well. When he is playing it, he is just making
6.	a noise. Mother usually does a erobic in the morning. She wants to be slim and healthy.
	Nowadays, people go c_climbing rocks or mountains on their holiday.
8.	My grandfather sometimes goes f ishing in the lake.
9.	My brother likes to go r_owing in Inya Lake.
10.	Nyi Nyi wants to be taller because his ambition is to be a good b asketball player.

3 Each sentence in the paragraph below contains a mistake. Spot it and correct it.

I lives in Yangon with my family. My mum work at a hospital. She be a nurse. My dad play the guitar in a band. My elder sister teach dancing at a dance school. My brother and I goes to school every day. Our school starts at 8 a.m and it finish at 2 p.m. We goes to an English class in the evening. We not speak Myanmar in our English class. We speaks in English.